

## **OATMEAL-YOGURT BREAD**

### **Equipment**

None

### **Ingredients**

3	cup	oatmeal
2	large	eggs
1	tsp	salt
1 1/2	cup	yogurt
1	cup	walnuts, chopped
1	tbsp	pumpkin seeds
1	tbsp	sunflower seeds
1	tbsp	baking powder



### **Directions**

- Pour oatmeal into mixing bowl. Add eggs and stir to combine.
- Add salt and about half the yogurt. Stir to combine and add the rest of the yogurt, combine to a wet mixture.
- Add walnuts (or any nut and seed to taste), pumpkin seeds, sunflower seeds to mixture. Stir to combine.
- Add baking powder and stir to combine.
- Line baking pan with parchment paper. Add mixture and smooth to mold.
- Sprinkle any nuts and seeds over the top, to taste.
- Bake in preheated oven at 360 degrees for 35 minutes.